

# Physical Education Core

# Year 10

Please use this route through to find out what students are learning in the classroom and beyond.

Please contact us or visit our website for more information.

Subject	What are students learning in lessons?	What are students learning in home learning?
Autumn Term 1	Each set will study one of the following sports: badminton, football, fitness, trampolining, netball. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Autumn Term 2	Each set will study one of the following sports: badminton, football, fitness, trampolining, netball. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Spring Term 1	Each set will study one of the following sports: badminton, football, fitness, trampolining, netball, handball, hockey or basketball. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Spring Term 2	Each set will study one of the following sports: badminton, football, fitness, trampolining, netball, handball, hockey or basketball. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Summer Term 1	Each set will study one of the following sports: cricket, athletics, stoolball, rounders, softball or tennis. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Summer Term 2	Each set will study one of the following sports: cricket, athletics, stoolball, rounders, softball or tennis. For each sport students learn and develop their preparation, execution, follow through for skills involved and apply these to competitive gameplay.	No home learning.
Every mark matters	<b>Assessment</b>	<b>Key contacts</b>
	No Assessment required	Head of Department: Alistair.James@ theregisschool.co.uk